

Nutrition Allergen Information

To ensure that our customers can enjoy their meals with peace of mind, we provide nutritional and allergen information for our products. Please review the following notes before use.
Allergen information covers the 8 items (specified raw materials) required by Japan's Food Labeling Standards (Food Labeling Act), as well as the 20 items recommended for labeling.

- ※ Allergen information is based on product ingredient data.
- ※ Since each item is handmade, actual values may vary slightly. Thank you for your understanding.
- ※ Information will be updated as products are improved or specifications are changed.
- ※ Standard kitchen utensils and in-store washed tableware are used for preparation and serving.

- Symbols used in the table:
 ● → Contained in the ingredients.
 △ → Produced in a facility that also manufactures products containing the relevant ingredient.

- ※ Please note that it is not possible to completely prevent cross-contact with allergens during food preparation. We kindly ask for your understanding.
 ※ Sensitivity to allergens varies by individual. Even trace amounts may trigger a reaction. Please consult a medical specialist and make your own final decision.

About nutritional information:
 Nutritional data is based on standard product specifications and preparation, in accordance with the "Food Labeling Standards" (Food Labeling Act), with some items referenced from the "Standard Tables of Food Composition in Japan 2015 (Seventh Revised Edition)" (Ministry of Education, Culture, Sports, Science and Technology).
 ※ Values under trace amounts are shown as "0," and undetected items are displayed as "-."
 ※ Product weight and nutrient values are standard figures and may differ slightly from the actual product.
 ※ Customized orders will alter the nutritional values. Please be aware.

Updated: September 25, 2025

			Nutritional Information (per serving)						Specified Allergens (8 items)								Recommended Allergens (20 items)																			
			Calories	Protein	Fat	Carbohydrates	Sugars	Sodium	Shellfish	Crustaceans	Wheat	Buckwheat	Eggs	Milk	Peanut	Walnut	Abalone	Squid	Salmon	Orange	Cashew Nut	Kiwi Fruit	Beef	Seafood	Salmon	Mackerel	Soy	Chicken	Banana	Pork	Macadamia Nut	Peach	Apple	Gelatin	Almond	Yum
			kcal	g	g	g	g	g																												
Side Menu	Chips	Chips (Plain)		257.0	3.2	13.8	31.7	28.6	0.1		※1△															●		※5△								
		Chips & Salsa		268.8	3.8	14.0	34.0	30.1	0.4		※1△															●		※5△								
		Chips & Guacamole		326.8	4.0	20.5	35.2	29.9	0.4		※1△															●		※5△								
	Nachos	Plain		571.9	14.7	37.3	49.3	40.3	1.7		※1△			●	●											●		※5△								
		Chicken		635.8	26.2	39.2	49.5	40.3	2.1		※1△			●	●											●	●	※5△								
		Carnitas		655.2	21.9	42.9	50.4	41.0	2.1		※1△			●	●											●		●								
		Beef		660.6	27.5	41.0	50.4	41.1	2.3		※1△			●	●									●			●		※5△							
	Quesadilla	Plain	Regular	433.3	16.7	25.1	33.6	31.3	1.5			●	●	●													●									
			Grande	668.5	25.5	40.1	49.7	46.1	2.8			●	●	●													●									
		Chicken	Regular	497.2	28.2	27.1	33.9	31.3	1.8			●	●	●														●								
			Grande	796.3	48.4	43.9	50.3	46.1	3.4			●	●	●													●	●								
		Carnitas	Regular	516.6	23.9	30.8	34.7	32.0	1.9			●	●	●														●			●					
			Grande	835.0	39.9	51.3	52.0	47.4	3.5			●	●	●													●		●							
		Beef	Regular	522.0	29.5	28.9	34.8	32.1	2.1			●	●	●										●				●								
			Grande	845.8	51.0	47.5	52.1	47.6	4.0			●	●	●										●				●								
	Chicken Lime Soup		Plain	98.2	8.7	3.4	8.6	7.8	1.3		※1△																●	●	※5△						●	
			w/Rice	241.7	10.9	5.9	36.7	35.2	1.3		※1△																●	●	※5△						●	
	Taquitos			597.8	23.8	36.9	42.0	39.1	2.2			●		●	●												●		●							
Kids Menu (with Apple Juice)		Taco		328.4	12.7	12.8	31.8	36.4	0.8			●		●	●								※6△			●	※6△	※6△		●	※6△					
		Bowl		407.8	18.4	14.4	43.5	46.9	0.8					●	●									※6△			●	※6△	※6△		●	※6△				
		Salad		369.0	17.0	17.7	28.0	31.5	1.1					●	●									※6△			●	※6△	※6△		●	※6△				
		Quesadilla		412.3	9.1	17.9	44.1	48.4	1.1			●		●	●										※6△			●	※6△	※6△		●	※6△			
Extra Toppings	Cilantro Lime Rice		40g	71.7	1.1	1.3	14.1	13.7	0.0																	●										
	Black Beans		30g	27.6	1.7	0.2	5.7	3.8	0.2																		●									
	Pinto Beans		30g	26.4	1.4	1.1	3.2	2.3	0.2					●	●												●		●							
	Fajita		30g	11.8	0.3	0.6	1.7	1.0	0.2																		●									
	Fresh Tomato Salsa		30g	5.9	0.3	0.1	1.2	0.8	0.2																											
	Corn Salsa		20g	20.2	0.6	0.4	3.8	3.1	0.2																											
	Green Salsa		20g	5.4	0.2	0.1	1.1	0.8	0.0																											
	Red Chili		10g	6.1	0.3	0.3	1.3	0.6	0.0																											
	Sour Cream		15g	31.4	0.7	2.9	0.9	0.8	0.0					●	●																					
	Cheese		15g	60.6	3.7	4.9	0.3	0.0	0.2						●																					
	Lettuce		15g	2.4	0.2	0.0	0.5	0.2	0.0																											
	Cilantro		3g	0.5	0.0	0.0	0.1	0.0	0.0																											
	Pickled Jalapeños		13g	3.0	0.1	0.0	0.6	0.0	0.4																											
	Guacamole		45g	69.8	0.8	6.7	3.5	1.3	0.3																											
Extra Meat	Chicken		45g	63.9	11.5	1.9	0.3	0.0	0.3																		●									
	Carnitas		45g	83.3	7.2	5.6	1.1	0.7	0.4																			●								
	Beef		45g	88.7	12.8	3.7	1.2	0.8	0.6														●													
Extra Dressing	Honey Vinegar		20g	88.1	0.0	6.9	6.6	6.5	0.4																											
	Mexican Ranch		20g	67.5	0.6	8.6	2.9	2.8	0.4				●	●													●	●					●	●		
	Olive Oil Dressing		20g	88.7	0.1	8.1	4.2	4.2	0.3																									●		
	Citrus Lime		20g	65.2	0.1	6.1	2.6	2.5	0.1																											
Tortillas	Regular Tortilla		1 sheet	214.2	4.6	7.4	30.6	29.8	0.6			●	※1△														●									
	Grande Tortilla		1 sheet	314.8	5.5	11.4	45.2	43.9	1.3			●	※1△													●										
	Whole Wheat Tortilla		1 sheet	200.4	4.7	7.2	28.6	27.1	0.8			●	※1△													●										
	Taco Tortilla		1 sheet	81.4	1.5	2.6	12.4	12.1	0.3			●	※1△													●										
Salsa Cup	Tomato Salsa		1 cap	11.8	0.6	0.2	2.3	1.5	0.4																											
	Corn Salsa		1 cap	40.4	1.2	0.9	7.6	6.1	0.3																											
	Green Salsa		1 cap	10.8	0.3	0.2	2.3	1.6	0.0																											
	Red Chili		1 cap	12.3	0.7	0.6	2.5	1.2	0.0																											
	Sour Cream		1 cap	62.9	1.3	5.7	1.8	1.6	0.0					●	●																					

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 ※ 2: Allergen and calorie information may change depending on suppliers, seasonal and regional factors, the use of substitute ingredients, recipe modifications, or preparation methods at each store.
 ※ 3: Since manufacturing facilities and stores also handle ingredients containing allergens not originally included in the product, there is a possibility that such substances may adhere to or be mixed into the product.
 ※ 4: Sensitivity to allergens varies by individual. We recommend consulting with a medical specialist and making your own final decision when purchasing or consuming the product.
 ※ 5: All fried items are prepared in the same fryer. In addition, there is a possibility of accidental cross-contact of allergens between products and ingredients during the cooking process.
 ※ 6: Nutritional and allergen information may vary depending on the selected main item and dressing.

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Updated: September 25, 2025

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				Calories	Protein	Fat	Carbohydrates	Sugars	Sodium	Sulfur	Crab	Wheat	Buckwheat	Egg	Milk	Peanut	Walnut	Abalone	Squid	Salmon	Orange	Cashew	Kiwi	Beef	Seafood	Salmon	Soy	Chicken	Banana	Pork	Macadamia Nut	Peach	Apple	Gelatin	Almond
				kcal	g	g	g	g	g																										
Custom All Toppings Included	Burrito	Chicken	Small	547.7	26.6	21.2	64.5	56.7	2.2			●	●	●												●	●	●							
			Regular	611.6	38.1	23.2	64.8	56.7	2.5			●	●	●												●	●	●							
			Grande	1045.7	61.1	41.1	113.4	97.8	4.7			●	●	●													●	●	●						
		Carnitas	Small	567.1	22.4	24.9	65.4	57.4	2.2			●	●	●													●		●						
			Regular	650.3	29.6	30.6	66.5	58.1	2.6			●	●	●													●		●						
			Grande	1103.8	48.4	52.2	115.9	99.8	4.9			●	●	●													●		●						
		Beef	Small	572.5	27.9	23.0	65.4	57.5	2.4			●	●	●									●				●		●						
			Regular	661.1	40.7	26.8	66.6	58.2	3.0			●	●	●									●				●		●						
			Grande	1120.0	65.0	46.5	116.1	100.1	5.5			●	●	●									●				●		●						
		Vegetarian	Small	553.6	16.0	26.1	67.8	58.1	2.2			●	●	●													●		●						
			Regular	623.3	16.8	32.8	71.3	59.4	2.5			●	●	●													●		●						
			Grande	1063.3	29.1	55.5	123.1	101.8	4.8			●	●	●													●		●						
		Bean	Small	483.8	15.1	19.3	64.3	56.7	1.8			●	●	●													●		●						
			Regular	537.8	18.3	20.6	73.1	62.7	2.3			●	●	●													●		●						
			Grande	908.0	29.8	36.6	121.4	103.8	4.2			●	●	●													●		●						
	Bowl	Chicken	Small	405.3	23.2	15.1	48.0	40.7	1.6					●	●												●	●	●						
			Regular	540.9	35.8	18.3	62.3	54.4	1.9					●	●												●	●	●						
			Grande	1017.9	60.1	34.7	124.4	108.7	3.4					●	●												●	●	●						
		Carnitas	Small	424.6	19.0	18.8	48.9	41.3	1.6					●	●												●		●						
			Regular	579.6	27.3	25.7	64.0	55.7	2.0					●	●												●		●						
			Grande	1075.9	47.4	45.8	126.9	110.8	3.6					●	●												●		●						
		Beef	Small	430.0	24.5	16.9	48.9	41.4	1.8					●	●									●			●		●						
			Regular	590.4	38.4	21.9	64.1	55.9	2.4					●	●									●			●		●						
			Grande	1092.1	64.0	40.1	127.1	111.0	4.3					●	●									●			●		●						
		Vegetarian	Small	411.1	12.5	19.9	51.2	42.0	1.6					●	●												●		●						
			Regular	552.6	14.5	27.9	68.8	57.1	1.9					●	●												●		●						
			Grande	1035.5	28.2	49.1	134.1	112.8	3.5					●	●												●		●						
		Bean	Small	341.4	11.7	13.2	47.7	40.7	1.2					●	●												●		●						
			Regular	467.1	16.0	15.7	70.6	60.4	1.7					●	●												●		●						
			Grande	880.2	28.9	30.2	132.4	114.7	2.9					●	●												●		●						
	Salad (without dressing)	Chicken	Small	338.3	22.4	13.9	35.0	27.4	1.6					●	●												●	●	●						
			Regular	407.0	34.2	15.9	36.2	27.8	1.9					●	●												●	●	●						
			Grande	745.4	56.6	29.8	71.2	55.2	3.4					●	●												●	●	●						
		Carnitas	Small	357.7	18.2	17.6	35.8	28.1	1.6					●	●												●		●						
			Regular	445.7	25.8	23.3	38.0	29.2	2.0					●	●												●		●						
			Grande	803.4	44.0	40.9	73.8	57.3	3.6					●	●												●		●						
		Beef	Small	363.1	23.7	15.7	35.9	28.2	1.8					●	●									●			●		●						
			Regular	456.5	36.8	19.5	38.0	29.4	2.4					●	●									●			●		●						
			Grande	819.6	60.6	35.2	73.9	57.5	4.3					●	●									●			●		●						
		Vegetarian	Small	344.2	11.8	18.7	38.2	28.7	1.6					●	●												●		●						
			Regular	418.7	12.9	25.5	42.7	30.5	1.9					●	●												●		●						
			Grande	762.9	24.7	44.3	80.9	59.3	3.5					●	●												●		●						
	Bean	Small	274.4	10.9	12.0	34.7	27.4	1.2					●	●												●		●							
		Regular	333.2	14.5	13.3	44.6	33.8	1.7					●	●												●		●							
		Grande	607.7	25.4	25.3	79.2	61.2	2.9					●	●												●		●							
	Dressing	Honey Vinegar Dressing	Small	132.2	0.1	10.3	9.9	9.8	0.6																										
			Regular	176.3	0.1	13.7	13.1	13.0	0.8																										
			Grande	264.4	0.1	20.6	19.7	19.6	1.2																										
		Mexican Ranch Dressing	Small	101.3	1.0	12.9	4.4	4.2	0.6					●	●												●	●					●	●	
			Regular	135.1	1.3	17.2	5.9	5.6	0.8					●	●												●	●					●	●	
			Grande	202.6	1.9	25.8	8.8	8.4	1.2					●	●												●	●						●	●
		Olive Oil Dressing	Small	133.1	0.1	12.1	6.3	6.2	0.4																										
			Regular	177.5	0.1	16.1	8.4	8.3	0.6																										
Grande			266.2	0.2	24.2	12.6	12.5	0.9																											
Citrus Lime Dressing		Small	97.7	0.1	9.2	3.8	3.8	0.2																											
		Regular	130.3	0.1	12.3	5.1	5.1	0.3																											
		Grande	195.5	0.2	18.4	7.7	7.6	0.4																											
Taco	Chicken	1ps	175.1	11.5	6.9	17.0	15.1	0.8			●	●	●												●	●									
	Carnitas	1ps	188.0	8.6	9.4	17.6	15.5	0.9			●	●	●												●										
	Beef	1ps	191.6	12.3	8.1	17.6	15.6	1.0			●	●	●								●				●										
	Vegetarian	1ps	179.0	4.4	10.1	19.2	16.0	0.8			●	●	●												●										

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			C	P	F	C	S	S	C	E	M	P	W	A	A	S	O	C	K	B	S	B	M	C	C	B	P	A	G	A					
			a	r	a	a	d	s	r	g	l	e	n	a	b	i	q	r	w	f	r	a	m	k	y	h	a	c	p	e	i				
			l	t	t	r	u	m	d	h	h	n	u	c	l	l	u	a	n	r	e	e	r	e	l	a	a	i	i	n					
			g	g	g	g	g	g	g	g	g	g	g	g	g	g	g	g	g	g	g	g	g	g	g	g	g	g	g	g					
R e c o m m e n d e d	M e n u	Classic Burrito	Chicken	Small	497.9	24.4	19.1	57.3	52.1	1.8																									
			Regular	561.8	35.9	21.1	57.6	52.1	2.1																										
			Grande	948.1	56.7	36.9	96.9	88.5	3.9																										
		Carnitas	Small	517.3	20.2	22.8	58.1	52.7	1.8																										
			Regular	600.5	27.4	28.5	59.3	53.4	2.2																										
			Grande	1004.2	44.0	48.0	101.4	90.5	4.1																										
		Beef	Small	522.7	25.7	20.9	58.2	52.8	2.0																										
			Regular	611.3	38.5	24.7	59.4	53.6	2.6																										
			Grande	1020.4	60.6	42.3	101.6	90.8	4.8																										
Vegetarian	Small	503.8	13.8	23.9	60.5	53.4	1.8																												
	Regular	573.6	14.6	30.7	64.0	54.8	2.1																												
	Grande	963.7	24.7	51.3	108.6	92.5	4.0																												
Classic Bowl	Chicken	Small	355.5	35.5	35.5	35.5	35.5	35.5																											
		Regular	491.1	33.6	16.2	55.1	49.7	1.5																											
		Grande	918.3	55.7	30.5	109.9	99.4	2.7																											
	Carnitas	Small	374.8	16.8	16.7	41.6	36.7	1.2																											
		Regular	529.8	25.1	23.6	56.8	51.1	1.8																											
		Grande	976.4	43.0	41.6	112.4	101.5	2.8																											
	Beef	Small	380.2	22.3	14.8	41.6	36.8	1.4																											
		Regular	540.6	36.2	19.8	56.9	51.2	2.0																											
		Grande	992.6	58.6	35.9	112.6	101.7	3.5																											
Vegetarian	Small	361.3	10.3	17.8	44.0	37.4	1.2																												

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 6. Nutritional and allergen information may vary depending on the selected main item and dressing.